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Catalogue November 2019

GASTROINTESTINAL, COELIAC DISEASE, FOOD ALLERGY & INTOLERANCE

Psychogastroenterology Dr Jim Kantidakis

Eosinophilic oesophagitis Dr Vicki McWilliam

Probiotics in Clinical Practice 2 Part Series: Evidence of Benefit, Mechanisms of Action, and Risks of Use *Dr Jason Hawrelak*

Intestinal failure Dr Sharon Carey

GORD and Barrett's oesophagus Louise Mudge

Small Intestinal Bacterial Overgrowth: Case Studies *Alison Stewart*

Small Intestinal Bacterial Overgrowth Dr Nirala Jacobi

Gastroparesis and motility disorders Dr Sharon Carey

What's new in coeliac disease? Dr Jason Tye-Din, MBBS, PhD, FRACP

Pancreatic enzyme replacement treatment (PERT) Ruth Vo

Nutritional management of Whipple's surgery Kylie Russell

Food Protein Induced Enterocolitis: Case Study Vicki McWilliam

Low FODMAP diet, 11 yr old boy: Case Study Marnie Nitschke

Low FODMAP diet, 44 yr old woman: Case Study Marnie Nitschke



GASTROINTESTINAL, COELIAC DISEASE, FOOD ALLERGY & INTOLERANCE Cont'd

Teaching the gluten-free diet - Part 2 Gluten free diet practical details Sally Marchini

Nut Anaphylaxis: Case Study Vicki McWilliam

RPAH food chemical intolerance: Case Study *Dr Kim Faulkner-Hogg*

Teaching your clients the Low FODMAP diet *Marnie Nitschke*

Teaching the gluten-free diet - Part 1 Gluten free diet essentials Sally Marchini

Teaching the gluten-free diet - Part 2 Gluten free diet practical details Sally Marchini

The anti-inflammatory diet for inflammatory bowel disease Barbara Olendzki

The Low FODMAP Diet in Practice Joanna Baker

Non-Alcoholic Fatty Liver Disease Dr Alexander Hodge

The brain-gut axis Dr Simon Knowles

Total Parenteral Nutrition: the basics Dr Sharon Carey

Nutritional management of stomas Dr Sharon Carey

Nutritional management after upper gastrointestinal surgery *Dr Sharon Carey*

Advanced management of IBS Dr Kerith Duncanson

Faecal transplant: the new frontier for IBS treatment? Nick Dunn

Inflammatory bowel disease Dr Guru lyngkaran

Travelling gluten free Sally Marchini

Dietary management of eosinophilic oesophagitis *Vicki McWilliam*

Allergy management in food service Suzanne Kennewell

Practical application of the RPAH elimination diet *Zoe Nicholson*

Nutrition and the liver Brooke Chapman

High fibre, high prebiotic diet for healthy individuals *Trish Veitch & Jane Muir*

PREGNANCY & WOMEN'S HEALTH

Diet and PCOS- emerging evidence Claire Julsing Strydom

The new PCOS guidelines, what's relevant for dietitians *Dr Kate Marsh*

Hypothalamic amenorrhea: Case Study Dr Kate Marsh

Menopause Dr Fiona Jane MBBS

Breast cancer: Case Study Dr Michelle Harvie

Gestational Diabetes Mellitus: Case Study Robyn Barnes

The nutritional management of polycystic ovarian syndrome *Claire Julsing Strydom*

Diet and nutrition during pregnancy Natasha Jo Leader

Gestational diabetes Natasha Jo Leader

Nutrition and endometriosis Dian Shepperson Mills

MEN'S HEALTH

Men's health and nutrition Joel Feren

NUTRITION SUPPORT, DISABILITY & AGEING

Indirect calorimetry Dr Emma Ridley

Positive ageing Associate Professor Christina Bryant

Nutritional Frailty Professor Renuka Visvanathan

Nutrition and burns Michelle Cork

Texture modified diets Colleen Kerr

Nutrition in Acute Spinal Cord Injury: Part 1 Paula Carroll

Nutrition in Rehabilitation and Long-term Spinal Injury: Part 2 Paula Carroll

The role of diet in Multiple Sclerosis Dr Jonathan White MBChB, MRCOG

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Hypoglycaemia in diabetes Catherine Amadio Prochilo

Nutrition and diabetic foot ulcers Josephine Pizzinga & Kate Hawkins, Podiatrist

DAFNE- Dose adjustment for normal eating Eileen Collins

Exercise and type 1 diabetes Dr Carmel Smart

Type 1 diabetes & coeliac disease Sally Marchini

Medication options for type 2 diabetes A/Prof Mark Kennedy

Nutritional management of type 1 diabetes in children and young people Dr Carmel Smart

Meal-time insulin dosing in type 1 diabetes beyond carb counting Dr Carmel Smart

An update on vitamin D Rebecca Mason

Managing hyperglycaemia in Type 2 diabetes Robyn Barnes

SPORT

Dietary recommendations to increase muscle mass for the general and athlete population *Simone Austin*

Food provision and nutrition support for athletes at major competition *A/Prof Fiona Pelly*

Endurance athletes & gastrointestinal issues Atlanta Miall

Competition nutrition - sports nutrition basics *Sarah Dacres-Manning*

Hydration Sarah Dacres-Manning

Protein & supplements Sarah Dacres-Manning

NUTRIGENOMICS

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An introduction to this emerging field of nutrition science Dr Flavia Fayet-Moore

Applying nutrigenomics in your practise Dr Flavia Fayet-Moore

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Beliefs about nutrition and cancer Kirsty Rowan

Haematology: Case Study Lauren Atkins

Cancer cachexia Jane Harrowfield

Lung cancer: Case Study Erin Kennedy

Colorectal cancer: Case Study Anna Beaumont

Fundamentals of nutrition and cancer: how dietitians can help cancer patients in hospital: 2 part series Jenelle Loeliger, Belinda Steer

Nutritional management of adult patients with head and neck cancer: 2 part series Teresa Brown

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How to address emotional eating Kiera Buchanan

Body image Susan Paxton and Fiona Sutherland

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Fussy eating in children Amy Lovell

Fussy eating, not chewing & motor development: Case Study *Dr Denise Stapleton*

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Fussy eating: Case Study Dr Denise Stapleton

Toddler eating and nutrition Judith Myers

Food-sensitive babies Joy Anderson

Food allergy in children Vicki McWilliam

Breastfeeding Evelyn Volders

Babies' first foods Evelyn Volders

Diet and food allergy development during infancy *Kate Grimshaw*

MENTAL HEALTH & EATING DISORDERS

Binge Eating and Binge Eating Disorder *Michelle Roberton*

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Practising as an eating disorders dietitian *Maureen O' Connor* Avoidant restrictive food intake disorder - ARFID Shawna Melbourne Orthorexia: Case Study Sarah McMahon Severe mental Illness: Case Study Scott Teasdale The effect of trauma on health Dr Tony McHugh Bulimia Nervosa Shane Jeffrey Anorexia Nervosa: Case Study 1 Shane Jeffrey Binge Eating Disorder: Case Study Dr Kiera Bachanan Orthorexia Nervosa Sarah McMahon, Psychologist Binge eating disorder Dr Kiera Buchanan Anorexia nervosa in adolescents Melissa Whitelaw Safe exercise at every stage Alanah Dobinson The unique nutrition challenges of severe mental illness Scott Teasdale

Diet and mental health Dr Felice Jacka

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Basics of renal nutrition Kelly Lambert

Acute kidney injury Kelly Lambert

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An update in ICU nutrition Varsha Asrani

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Dietary analysis 2: Further skills Dr Dianne Volker

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GENERAL

Ultra-processed foods Priscila Machado Nutrition trends and fads over the last 30 years Catherine Saxelby Self control Susie Burrell Bone health and density Professor Laura McCabe Legumes Natalie Figueira Diet and inflammation Dr Hannah Mayr Cortisol Dr Kamaldeep Manak Emerging Adulthood and Health Dr Lee Ashton Cholesterol lowering medications Melanie Frodsham Making and using fermented foods Sharon Flynn Water, hydration and fluid Pauline Douglas Physical activity and sedentary behaviour: benefits, guidelines and practice tips Paddy Dempstey Nutrition and chronic pain Joanne Baker Using Health Apps with your clients Kelli Hale How to facilitate a cooking class Charlotte Miller Iron and zinc Lynn Riddell **Common drug nutrient interactions** A/Prof Lesley Braun Iodine: what dietitians need to know Karen Charlton

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