Useful Websites

raisingchildren.net.au

* [Online parenting resourceraisingchildren.net.au with a range of articles on nutrition](https://raisingchildren.net.au/search?query=nutrition)
* [Information for professionals in working with a family centred approach](https://raisingchildren.net.au/for-professionals/working-with-parents/about-working-with-parents/professionals-a-family-centred-approach)

Australia Competition & Consumer Commission (ACCC)

* [ACCC product safety laws Toys for children up to and including 36 months of age](https://www.productsafety.gov.au/standards/toys-for-children-up-to-and-including-36-months-of-age)

Royal Children’s Hospital Melbourne

* [Royal Children’s Hospital Melbourne Growth Chart Resource for health professionals](http://www.rch.org.au/childgrowth)
* Royal Children’s Hospital Melbourne Kids Health Info fact sheets:
* [Constipation](https://www.rch.org.au/kidsinfo/fact_sheets/Constipation/)
* [Nutrition – babies and toddlers](https://www.rch.org.au/kidsinfo/fact_sheets/Nutrition_babies_toddlers/)

The Ellyn Satter Institute

* [The Ellyn Satter Institute](https://www.ellynsatterinstitute.org/)
* [Ellyn Satter’s division of responsibility in feeding](https://www.ellynsatterinstitute.org/how-to-feed/the-division-of-responsibility-in-feeding/)

Nutrient Reference Values for Australia and New Zealand

* [Macronutrients, Vitamins and Minerals & Trace Elements](https://www.nrv.gov.au/nutrients)
* [Nutrients & Dietary Energy Calculator](https://www.nrv.gov.au/nutrients-energy-calc)

Children’s Health Queensland Hospital and Health Service

* [Children’s health fact sheets](https://www.childrens.health.qld.gov.au/chq/information-for-families/fact-sheets/)

Australasian Society of Clinical Immunology and Allergy

* [ASCIA Dietary avoidance for food allergy](https://www.allergy.org.au/patients/food-allergy/ascia-dietary-avoidance-for-food-allergy)

Queensland Government: Growing good habits

* [Communicating with families and clients for health professionals](https://www.growinggoodhabits.health.qld.gov.au/health-professionals/communicating-with-families-and-clients/)
* [Clinical resources and tools for health professionals](https://www.growinggoodhabits.health.qld.gov.au/health-professionals/clinical-resources-and-tools/)